



Sun Safety Policy

Bramley Church of England (VA) Infant and Nursery School

"Your word is a lamp to guide me and a light for my path." Psalm 119(105)
Rooted in Christian values, seek within, wonder why, reach out, aim high.

Policy effective from April 2022

Approved by Headteacher

Last reviewed on January 2020

Next review due by April 2025

Version history

Version	Description of change	Author	Approved
2.0	Reformatted and language standardised.	Shona Taylor	Headteacher, April 2022
1.0	Original version.	Elaine Spick	Headteacher, January 2018

Aims

The aim of this Sun Safety policy is to protect children and members of staff at Bramley Church of England (VA) Infant and Nursery School (the School) from skin damage caused by the effects of ultraviolet radiation from the sun, by promoting:

- Protection: providing an environment that enables pupils and members of staff to stay safe in the sun.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Partnership: working with parents/carers, governors, the school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

The School believes in Sun Safety:

- to ensure that children and members of staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of the Sun Safety policy, the School will:

- Educate children throughout the curriculum about the causes of skin cancer and how to protect their skin.
- Encourage children to wear clothes that provide good sun protection.
- Hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports activities and trips. Sunbathing will be discouraged.
- Work towards increasing the provision of adequate shade for everybody.
- Encourage members of staff and parents to act as good role models by practising sun safety.
- Regularly remind children, members of staff and parents about sun safety through newsletters, posters, parents' meetings, and activities for pupils.
- Invite relevant professional (school nurses) to advise the School on sun safety.
- Ensure that the Sun Safety Policy is working. The School will regularly monitor its curriculum, assess shade provision, and review the sun safety behaviour of the children and members of staff (use of hats, shade etc).

Suggestions to help cope with hot weather

- Pupils should wear hats when outside.
- Pupils should wear sun cream (applied before school). Staff will reapply using school supply (unless child has significant skin condition) if necessary.
- Teachers should make a judgement as to the temperature of classrooms and make internal arrangements to teach in cooler areas where appropriate.
- Teachers should encourage pupils to drink water and ensure that there are regular breaks for them to do so.
- Where possible, all doors and windows should be opened to provide a through breeze, and classroom blinds should be drawn.
- Physical education lessons should be carefully planned to avoid sun exposure, unnecessary exertion and dehydration. In extreme weather, outdoor PE

lessons should not last for more than 20 minutes, after which children should be brought indoors, and given time to rest and drink water.

- The Annual Sports' Day will be determined by preceding days' climate. Children spectating should not do so for more than 20 minutes at a time.
- Pupils with Asthma, breathing difficulties or other relevant health conditions should avoid physical activities.
- Parents/carers and children should be encouraged to follow these procedures at home.
- Members of staff shall ensure that they drink water regularly and take precautions against high temperatures.
- Members of staff should be aware that in rare cases, extreme heat can cause heatstroke.

Symptoms to look out for include:

- Cramp in arms, legs or stomach.
- A feeling of mild confusion or weakness.

If anyone has these symptoms, they should rest for several hours, keep cool and drink water or fruit juice.

If symptoms get worse, or don't go away, medical advice should be sought. Ring 111.

Anyone suspecting that a member of staff or a pupil has become seriously ill, should call an ambulance. While waiting for the ambulance:

- If possible, move the person to somewhere cooler.
- Increase ventilation by opening windows or using a fan.
- Cool the patient down as quickly as possible by loosening or removing clothing e.g. shoes and socks, sprinkling them with cold water or wrapping them in a damp sheet.
- If they are conscious, give them water or fruit juice to drink.
- Do not give them aspirin or paracetamol.